

CHRIST CHURCH

Messenger

PO Box 1246 • 320 Pollock Street • New Bern, NC www.christchurchnewbern.com

June 29, 2025

252.633.2109

HOW MUCH STUFF DO WE

Over the past year, we collected 800 pairs of socks, 50 fully-stocked backpacks and countless of other school supplies for the Episcopal Farmworker Ministry and Interfaith Refugee Ministry, and helped furnish ten family homes with sheets, blankets, pillows, sets of dishes, sets of flatware, knife sets, and pots and pans for IRM, and filled over 100 bags with food for RCS.

Christ Church, New Bern www.christchurchnewbern.com



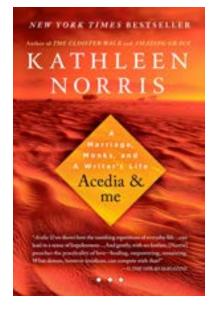
Where Can You Plug In?

- Worship: To volunteer in July services, click <u>here</u>. For August services, click <u>here</u>. For more information contact Sarah Risty Davis at <u>sarahristydavis@christ-churchnewbern.com</u>.
- Receive emails and texts from Christ Church: Click <u>here</u> to receive text messages and/or emails from Christ Church. *Standard text messaging rates apply.*
- Lemonade on the Lawn: Summer Lemonade on the Lawn takes place after 10 am service. Hosts put lemonade and cups on a cart and take it from the Parish House kitchen to the courtyard. Lemonade is provided. Sign up here at https://tinyurl.com/Lemonade2025. Thank you to this week's host, Kathleen Schurman.

Women's Book Study

On Tuesday, August 5th, the Women's Book Study will begin reading *Acedia & Me* by Kathleen Norris. Copies of the book are available for purchase at the reception desk (\$10.00).

Norris is a poet and essayist whose work focuses on the intersection of religious practices and the spiritual journey. In *Acedia & Me*, Norris explores all aspects of acedia, with the particular purpose of drawing a distinction between it and depression. Acedia,



coined the "noonday demon" by the early monastics, is a type of spiritual apathy, and is often described as a weariness of soul. Though it is not readily a part of the modern scientific lexicon, acedia, in today's culture, is generally lumped in with depression and the sin of sloth, one of the supposed seven deadly sins. We treat it with medication, just like everything else. But, as Norris continually illuminates, acedia possesses spiritual roots, and, thus, can ultimately only be treated with spiritual attention and resolve.

Join us Tuesdays from 10:00-11:00 in the 2nd Floor Living Room. Women of all ages are invited to attend. We open our time together with prayer, followed by reading the book aloud, and discussing. No preparation is necessary. You can join the group at any time.

Pop-Up Choir Today

Please join us for Pop-up Choir today, June 29! We'll sing Sweet Low Sweet Chariot from the LEVAS hymnal (#18). Rehearsal is 9:15 am in the nave. This is a great opportunity to join in some singing just for fun - all are welcome!!

In peace we pray to you, Lord God

For parishioners who have requested prayers: Mike Pridgen, Mary Hasell, Betty Jane Bonapartian, Janet Anderson, Bob Kohn, Susan Rivenbark, Warren Meadows, Hal Cameron, Joe Mansfield, Barbara Odderstol*, Jim Keeter, Evelyn Hunter, Kathy Blanchard, Pat McCotter, Ralph Cowan, Vicky Allen, Lindy Emory, DJ Bessack, Carol Kross, Rena Knott, Mike McCulley, Betsy Primavera, Robert Lane, Vickie Evans*, Joan



Kunkel, Margaret Scott*, Jim Gruenebaum, Myra Lewis, Sandy Valentine*, Geoff Wood, Charlie Henke, Ken McCotter, Bob Nelson, Liz Praul, Cathy Monid, Rosie Wood, Betsy Phillips, Nicholas Pridgen, Pat Robinson, Pat Holmes, Cathy O'Brien, Charles Peterson, Helen Shine, Rosemary Stark*, Palmer Noonan, Steve Phillips, Linda Bullock, Ann Bustard, Nancy Mansfield, Pat Polk, DJ Besack, Margo Skaggs, and Rebecca Liberty.

For our friends and families: Liesel, Niels, Trinity, Danny, Phyllis, Mary, Otto, Rebecca, Alex, Emery, June, Joy, Catherine, Jack, Karen, Henry, Jim, Tom, Howard, Jahna, Debbie, Will, Lucy, Kelsey, Kenny, Yuri, Julia, Valeria, Valentina, Carly, Richard, Bob, Peggy, Gene, Dolores, Beth, Nolan, David, Denise, David, Sam, Larry, Bobby, and Joan.

For our deployed military: Charles Lewis, Jr.

For refugee families and those seeking asylum.

Diocesan Cycle of Prayer: All Souls, Northwest

*These parishioners live out of the area but have requested to remain on the Christ Church prayer list.

In an effort to keep our prayer lists current and accurate, names of friends and family members will normally remain on the list for six months. If you would like to add or remove someone from the list, please contact <u>Betsy Downard</u>.

Publication Deadlines

- *The Crown* the 15th of the month prior to publication
- Weekly (Sunday) email: noon on Thursday
- Thursday email and printed Messenger: noon on Wednesday
- Please send all pictures, articles, and questions to communications@christchurchnewbern.com.

CALENDAR HIGHLIGHTS

Please note that not all weekly church events are listed here. If there are no changes to your regularly scheduled event, it might not appear below. The entire Christ Church calendar can be found at www.christchurchnewbern.com/calendar and in the Sunday morning email. Signs with the complete calendar are posted on the kiosk in the Reception Area and the bulletin board across from the Library. Daily calendar signs are posted on the church's exterior doors.

Sunday, June 29

Fifth Sunday - only one service at 10 am 9:15 am: Psalms in the Summer Class (Library) 9:15 am Pop Up Choir Rehearsal (Nave) 10 am: Eucharist Rite II (Nave / Online)

Monday, June 30

8:30 am: Morning Prayer (Chapel) 1 pm: Staff Meeting (2nd Floor Conference Room)

Tuesday, July 1

7 am: Al-Anon Meeting (2nd Floor Living Room) 8:30 am: Eucharist (Chapel) 11:30 am: Chair Yoga (Parish House) 6:30 pm: Small Wonders NA Meeting (Pelletier Room)

Wednesday, July 2

3 pm: Wedding Coordinators Meeting (Library) 6:15 pm: AA Meeting (Harrison Center)

Friday, July 4

Independence Day - Church Offices Closed

Sunday, July 6

Birthday and Anniversary Sunday 8 am: Eucharist Rite II (Nave) 9:15 am: Psalms in the Summer Class (Library) 10 am: Eucharist Rite II (Nave / Online)

Beat the July Heat with Chair Yoga

Join Karen Gabriel for a five-week Chair Yoga series! Whether you're new to yoga, recovering from an injury, or looking for a way to stay active, this is for you. Enjoy the "3 M's" -- movement, mobility, and mindfulness every Tuesday in July beginning July 1st at 11:30-12:15 in the Parish House. This series is free, but a donation of nonperishable items for the Christ Church Lil' Pantry is strongly encouraged.