



I was already an Episcopalian before coming to New Bern. When I came to the area on a scouting mission before moving here, I noticed Christ Church while visiting downtown. I attended the Christmas Eve service in 2022, and I was certainly impressed by all of it. The service was quite spiritual and moving. The congregation was engaged. I noted that everyone was friendly, and that there was a community. It all became more so as I attended more services. It felt like the right place! - *Greg Albright*

**Christ Church, New Bern**  
[www.christchurchnewbern.com](http://www.christchurchnewbern.com)





## Women’s Book Study

On Tuesday, August 5th, the Women’s Book Study will begin reading *Acedia & Me* by Kathleen Norris. Copies of the book are available for purchase at the reception desk (\$10.00).

Norris is a poet and essayist whose work focuses on the intersection of religious practices and the spiritual journey. In *Acedia & Me*, Norris explores all aspects of acedia, with the particular purpose of drawing a distinction between it and depression. Acedia, coined the “noonday demon” by the early monastics, is a type of spiritual apathy, and is often described as a weariness of soul. Though it is not readily a part of the modern scientific lexicon, acedia, in today’s culture, is generally lumped in with depression and the sin of sloth, one of the supposed seven deadly sins. We treat it with medication, just like everything else. But, as Norris continually illuminates, acedia possesses spiritual roots, and, thus, can ultimately only be treated with spiritual attention and resolve.

Join us Tuesdays from 10:00-11:00 in the 2nd Floor Living Room. Women of all ages are invited to attend. We open our time together with prayer, followed by reading the book aloud, and discussing. No preparation is necessary. You can join the group at any time.

## Camp Hope Update

This week, July 13 - 18, several of our GIG children will be attending Discoverers II session at Camp Trinity. Here’s another photo from an earlier session this summer.



## Where Can You Plug In?

- **Worship:** To volunteer in July services, click [here](#). For August services, click [here](#). For more information contact Sarah Risty Davis at [sarahristydavis@christ-churchnewbern.com](mailto:sarahristydavis@christ-churchnewbern.com).
- **Volunteer Receptionists:** Come join us at the Reception Desk. Reserve your July shift [here](#). August shifts can be found [here](#).
- **Receive emails and texts from Christ Church:** Click [here](#) to receive text messages and/or emails from Christ Church. *Standard text messaging rates apply.*
- **Lemonade on the Lawn:** Summer Lemonade on the Lawn takes place after 10 am service. Hosts put lemonade and cups on a cart and take it from the Parish House kitchen to the courtyard. Lemonade is provided. Sign up here at <https://tinyurl.com/Lemonade2025>.

# In peace we pray to you, Lord God

**For parishioners who have requested prayers:** Mike Pridgen,

Mary Hasell, Betty Jane Bonapartian, Janet Anderson, Bob Kohn, Susan Rivenbark, Warren Meadows, Hal Cameron, Joe Mansfield, Barbara Odderstol\*, Jim Keeter, Evelyn Hunter, Kathy Blanchard, Pat McCotter, Ralph Cowan, Vicky Allen, Lindy Emory, Carol Kross, Rena Knott, Mike McCulley, Robert Lane, Vickie Evans\*, Joan Kunkel, Margaret Scott\*, Jim

Gruenebaum, Myra Lewis, Sandy Valentine\*, Geoff Wood, Charlie Henke, Ken McCotter, Bob Nelson, Liz Paul, Cathy Monid, Rosie Wood, Betsy Phillips, Nicholas Pridgen, Pat Robinson, Pat Holmes, Cathy O'Brien, Charles Peterson, Helen Shine, Rosemary Stark\*, Palmer Noonan, Steve Phillips, Linda Bullock, Ann Bustard, Nancy Mansfield, Pat Polk, DJ Besack, Margo Skaggs, and Rebecca Liberty.

**For our friends and families:** Liesel, Niels, Trinity, Danny, Phyllis, Mary, Otto, Catherine, Jack, Karen, Henry, Jim, Howard, Jahna, Debbie, Will, Lucy, Kelsey, Kenny, Yuri, Julia, Valeria, Valentina, Carly, Richard, Bob, Peggy, Gene, Dolores, Beth, Nolan, David, Denise, David, Sam, Larry, Bobby, Joan, and Corey.

**For our deployed military:** Charles Lewis, Jr.

**For refugee families and those seeking asylum.**

**Diocesan Cycle of Prayer:** Christ Church, New Bern

*\*These parishioners live out of the area but have requested to remain on the Christ Church prayer list.*

In an effort to keep our prayer lists current and accurate, names of friends and family members will normally remain on the list for six months. If you would like to add or remove someone from the list, please contact [Betsy Downard](#).

## Welcome Back, Paul!

This week we welcomed back the Rev. Paul Canady from the second part of his Sabbatical. We are glad to have you back!



## CALENDAR HIGHLIGHTS

Please note that not all weekly church events are listed here. If there are no changes to your regularly scheduled event, it might not appear below. The entire Christ Church calendar can be found at [www.christchurchnewbern.com/calendar](http://www.christchurchnewbern.com/calendar) and in the Sunday morning email. Signs with the complete calendar are posted on the kiosk in the Reception Area and the bulletin board across from the Library. Daily calendar signs are posted on the church's exterior doors.

### Sunday, July 13

8 am: Eucharist Rite II (Nave)  
9:15 am: Psalms in the Summer Class (Library)  
10 am: Eucharist Rite II (Nave / [Online](#))  
11 am: Cursillo Reunion (Chapel)  
4 pm: Racial Reconciliation Discussion (Parish House)

### Monday, June 14

8:30 am: Morning Prayer (Chapel)  
10 am: Funeral and Reception for Betsy Primavera (Nave / Parish House)  
1 pm: Staff Meeting (2nd Floor Conference Room)

### Tuesday, July 15

7 am: Al-Anon Meeting (2nd Floor Living Room)  
8:30 am: Eucharist (Chapel)  
11:30 am: Chair Yoga (Parish House)  
6:30 pm: Small Wonders NA Meeting (Pelletier Room)

### Wednesday, July 16

6:15 pm: AA Meeting (Harrison Center)

### Sunday, July 20

8 am: Eucharist Rite II (Nave)  
9:15 am: Psalms in the Summer Class (Library)  
10 am: Eucharist Rite II (Nave / [Online](#))  
12:30 pm: Stephen Ministry Meeting (Pelletier Room)

## Thanks from IRM

Thank you to all who so generously donated diapers and baby wipes for the families in the care of Interfaith Refugee Ministry throughout the month of June. IRM received nine packages of baby wipes and nine cases and 12 packages of diapers in a variety of sizes. In total, your generosity provided clean, dry bottoms 1,226 times! Thank you again for your kindness and generosity!

