The Messenger PO Box 1246 • 320 Pollock Street • New Bern, NC www.christchurchnewbern.com

September 8, 2024

RETURN TO FALL SCHEDULE - BIKE MS TRAFFIC ALERT

- Avoid the drawbridge
- 8:30 am: Eucharist Nave
- 9:45 am: Sunday School for all and Coffee Hour
 - 11 am: Eucharist Nave / Online

ECW September Meeting

Please join us for our kick-off meeting on tomorrow, Monday, September 9th at 11 a.m. in the Parish House.

Things will be a bit different this year. We will be giving you an overview of the year's activities which we have tentatively planned. We hope you plan to take a ride on our 4th Annual Trolley Tour which will highlight some of the churches of New Bern. Reservations and payment will be taken at the meeting. (\$25 payable to Christ Church ECW). More info on exact locations will be announced soon.

Also, please sign-up to help with the GIG Thanksgiving meal in November. The kids and mentors always have a great time, as do we!

Our Happy Bucks theme will be – "How I spent my summer vacation!" Just like grammar school! We hope to see you then!

Questions or comments please contact Rodney Hayes rodneyfhayes@yahoo.com / 203-640-2638.

Rector's Bible Study

The Rector's Bible Study resumes Wednesday, September 11. We will be looking at the Gospel of Luke this fall. Reach out to the Rev. Paul Canady (paulcanady@christchurchnewbern.com or 252.631.5861) for more information.

Serving in Worship

Anyone interested in becoming a Lector and/or Eucharistic Minister, please contact Linda McAlister at (252) 634-7984, lindamcalister50@gmail.com, as soon as possible. Linda will be scheduling training sometime in September or October for those who wish to serve in these positions.

Stay Informed via Text

To sign up for our new texting service please click on this link. We appreciate you staying connected to Christ Church.

Women's Book Study Returns

252.633.2109

This fall the Women's Book Study will delve into Reading the Women of the Bible: A New Interpretation of Their Stories by Tikva Frymer-Kensky. Copies of the book are available for purchase at the reception desk (\$20.00).

Frymer-Kensky was a biblical scholar, author, and professor who was profoundly committed to Jewish-Christian dialogue. This book addresses both modern hypotheses and traditional beliefs about the Biblical texts. It explores the women of the Hebrew Bible from a scholarly perspective and also acknowledges areas where questions remain unanswered.

Join us on Tuesdays from 10:00-11:00 am in the 2nd Floor Living Room starting September 10. Women of all ages are invited to attend. We open our time together with prayer, followed by reading the book aloud, and discussing. No preparation is necessary. You can join the group at any time.

Living Micah 6:8

The Living Micah 6:8 group invites you to a five-week Adult Sunday School class on the Prophet Micah's answer to: "What does the Lord require of you?" Dates are September 15, 22, 29, October 6, and 20. We will meet in the 2nd Floor Living Room



Contemplative Prayer Group

This fall, the Contemplative Prayer group will be exploring the writings of Meister Eckhart, one of the greatest Dominican spiritual masters of the fourteenth century. Ekhart was a mystic, medieval professor, and popular preacher. We meet at 11:30 am, Mondays, starting tomorrow, September 9. We meet in the Pelletier Room and via zoom (no zoom option available 9/9). Email Rev. Barbara Bornemann (pastor.bornemann@gmail.com) to register.

Dementia Informational Sessions

Christ Church is offering two upcoming informational sessions in conjunction with The Alzheimer's Association. For more information, please contact the Rev. Suzanne Hood at <u>suzannehood@</u> <u>christchurchnewbern.com</u>.

Alzbeimer's A-Z - Sunday, September 22 at 9:45 am

This class covers the difference between Alzheimer's and dementia, causes, risk factors, stages, and what's normal aging vs. signs for concern.

Building Foundations of Dementia Caregiving - Wednesday, September 25 at 4 pm

This class explores the role of caregivers and changes they may experience, building a support team and managing caregiver stress.

Grieving Support Group

Every loss is different, your grief is yours – and yet, it is easier to grieve together. Facing the death of a loved one is hard. Grief can be isolating even when we have lots of family and friends. In an effort to be helpful sometimes people keep their distance, trying to give us space. Or we may feel like others just don't understand. On any given day we might experience overwhelm, sadness, relief, anger, exhaustion, or any of a number of emotions that can sometimes feel like they conflict with one another.

We might think we have to just get on with things. Or we might feel like we can't face the day. Gathering together to support one another on our journey through grief can be lifegiving at a time when it can seem like everything is weighing us down.

Join the Rev. Suzanne Hood for a six-week grieving support group starting Wednesday, September 11th at 4:00 pm. Registration is required; please call (252) 631-5862 or email <u>suzannehood@</u> <u>christchurchnewbern.com</u>.

All Aboard the Trolley Tour Monday, October 14

Once again this year, enjoy a journey into New Bern's historic past. Our first year was The Wonderful Women of New Bern. Year two we brought you the Magnificent Men of New Bern. On our third tour we visited spots from author and New Bern native Nicholas Sparks.

Join us aboard the Trolley this October as we visit some of the historic and beautiful houses of worship in New Bern. Tickets are \$25.00, payable in advance (which includes driver and guide gratuity), and we will leave promptly at 10 am from the Christ Church parking lot (on Craven between Broad and Pollock). The tour is 1.5 hours. Tickets are non-refundable but feel free to find a replacement (or make it a donation to our Episcopal Church Women's fund for charities). Seats may go quickly, we had such a wonderful time the past few years, so make your plans now.

To reserve your seat(s) or for more information please contact Rodney Hayes at either <u>rodneyfhayes@yahoo.com</u> or text/ call203.640.2638

Vestry Meeting Recap -August 19, 2024

- Kim Huddle gave opening prayer.
- There will be a Sacred Sound and Space meeting on October 1
- Volunteer Appreciation Brunches have been scheduled for October 5, November 9, & December 7
- Vestry/Staff Retreat is Saturday, August 24, at First Presbyterian Session House.
- Worship Commission reported there will be an acolyte training on August 25 and
- Eucharist Minister meeting August 27.
- Buildings & Grounds reported the cooling tower is complete. There will be a meeting Saturday, September 14.
- Stephen Ministries training 5 new people
- Suzanne will start a Grieving Support Group. Register with Suzanne there will be a limit of 10 people.
- Education Committee reported that Blessing of Backpacks is August 25.
- Vestry Nomination letters went out to congregation.
- Organ Dedication will be on September 19 & 20.
- Respectfully submitted by Kim Huddle

Vestry Reflections

Following the recent Vestry / Staff Retreat, Vestry members volunteered to provide some thoughts on what their experience bas meant to them.

I personally feel it is both an honor and privilege to serve on the vestry of Christ Church. Knowing that members of the congregation had the trust and confidence in me to make decisions on their behalf is very humbling. I take the obligation to serve on the vestry seriously, and I believe it is everyone's duty to serve on the vestry at least once. You learn much more about what Christ Church is truly about and the daily effort it takes to make it happen.

- Respectfully submitted by Wayne Rowe

2024 CROP Walk

The 44th annual CROP Walk will take place Sunday September 29, 2024, starting at 3pm. Christ Episcopal Church will once again be a sponsor where walkers can enter either to walk one mile, three miles or just raise money/donate. Twenty-five percent of all funds raised will go to our local RCS for their assistance in helping our community who are hungry.

To register/donate to our team, go to <u>https://events.crophun-gerwalk.org/cropwalks/team/christ-episcopal-church-new-bern-2</u>.

We are looking forward to doing our part for our community, if you have any questions, kindly reach out to Peter Mnatzakanian 301-844-1052 or pmnatzakanian@gmail.com.

2

In peace we pray to you, Lord God

For parishioners who have requested prayers: Mike Pridgen, Mary Hasell, Betty Jane Bonapartian, Champ Mitchell, Janet Anderson, Bob Kohn, Susan Rivenbark, Warren Meadows, Hal Cameron, Joe Mansfield, Barbara Odderstol*, Jim Keeter, M. Carolyn Lawson, Evelyn Hunter, Katherine Gill, Kathy Blanchard, Pat McCotter, Ralph Cowan, Vicky Allen, Lindy Emory, DJ Bessack, Carol Kross, Rena Knott, CB Evans*, Mike McCulley, Betsy Primavera, Mollie Bales, Robert Lane, Sheridan Holstein, Judy MacDougall, Vickie Evans*, Joan Kunkle, Margaret Scott*, Jim Gruenebaum, Ann, Kaye Frampton Brown, Myra Lewis, Sandy Valentine*, Eugene Simon, Frank



Rice, Geoff Wood, Charlie Henke, Ken McCotter, Richard Marsh, John Sessums, Martha, Michele Mnatzakanian, Bob Nelson, Liz Praul, Cathy Monid, Rosie Wood, Betsy Phillips, Nicholas Pridgen, Margaret Phaup, Theron Royer, Pat Robinson, Charles Knight, and Pat Holmes.

For our friends and families: Liesel, Niels, Trinity, Mary, Ann, George, Anne, Bruce, Nancy, Lynda, Mike, Connor, Stephen, Inez, Ed, Karen, Bob, Cortney, Craig, Larry, Eleanor, Julie, Santa, Teresa, Monika, Margie, Laurissa, Paul, Stephanie, Pam, Ellen, Kate, Stephanie, Bambi, Justin, Judy, Nancy, Paula, Kelly Ann, Lois, Laurissa, Martha, Melissa, Melissa, Anna, Dave, Elle, Halle, Mariya, Laura, Mary Ann, Billy, Bob, Ted, Rosemary, Bill, Naomi, Carol, Joseph, Jimmy, Grant, Eunice, William, Marie, Melanie, Sylvia, Aline, Rose, Rosemarie, Shelly, Susie, Larry, Anne Marie, Ginny, Lisa, Louise, Selma, Jackie, Kathi, Julia, Ardean, John, Peggy, Margaret, Jackson, Julie, Butch, Jim, Joan, Wes, Mandy, Jim, Larry, Hamp, Belinda, Brittany, Laura, Norman, Claudia, Cathy, Don, Al, Kristy, Yordan, Elizabeth, Angie, Yumi, Peter, John, Rosemary, Betty, Liam, Dean, Michael, Jessica, Carmon family, Faith, Jennifer, Jake, Don, Cristina, Barbara, Jeff, Lois, Mason Ann, Frankie, Marty, Jason, Brooke, Jeanette, Nancy, Jean, Carly, Richard, Corey, Jane, Seb, Gloria, Greg, Cheri, and Everett.

For our deployed military: Lt. Christopher Miller

For refugee families and those seeking asylum. Diocesan Cycle of Prayer: St. Peter's, Washington

*These parishioners live out of the area but have requested to remain on the Christ Church prayer list.

If you would like to add or remove someone from the list, contact <u>Betsy</u> Downard.

Faith Connection Meeting

The September Faith Connection meeting is at 4 pm, September 19 at First Presbyterian Church. The speaker will be Susan Williams, Director of the New Bern Board of Elections.

CALENDAR HIGHLIGHTS

Please note that not all weekly church events are listed here. If there are no changes to your regularly scheduled event, it might not appear below. The entire Christ Church calendar can be found at www.christchurchnewbern.com/ calendar and in the Sunday morning email. Signs with the complete calendar are posted on the kiosk in the Reception Area and the bulletin board across from the Library. Daily calendar signs are posted on the church's exterior doors.

Sunday, September 8

Return to Fall Schedule 8:30 am: Eucharist Rite II (Nave) 9:45 am: Coffee Hour 9:45 am: Sunday School for all ages 11 am: Eucharist Rite II (Nave / Online) 12:30 pm: Cursillo Reunion - Note time change 6 pm: EYC (Youth Room) - Note first meeting

Monday, September 9 4 pm: DOK Meeting (Parish House) - Note first meeting

Tuesday, September 10

7 am: Al-Anon Meeting (2nd Floor Living Room) 8:30 am: Eucharist (Chapel)

5:30 pm: Stephen Ministry Meeting (Library) -Note first meeting 6:30 pm: Small Wonders NA Meeting (Pelletier Room)

Wednesday, September 11

11 am Rector's Bible Studay: (Pelletier Room) - Note first meeting

4 pm: Grieving Suuport Group (2nd Floor Living Room) - Note first meetina

6:15 pm: AA Meeting (Harrison Center)

Saturday, September 14

9 am Building and Grounds Committee Meeting (Library)

Sunday, September 15

8:30 am: Eucharist Rite II (Nave) 9:45 am: Sunday School for all ages 9:45 am: Coffee Hour (Parish House) 11 am: Eucharist Rite II (Nave / Online)

GIG Seeking Volunteers

GIG returns September 23 for the school year. We are always looking for new volunteers, including mentors, van drivers, van monitors, and substitutes, to join us. All volunteers must have a background check through the Episcopal church and complete an online program on safeguarding God's children. These will be offered once you have signed up to join us this school year. We will also have a volunteer orientation that is required for new and returning volunteers on September 19, 2024 at 5:00.

Please contact the director of GIG - Debbie Fodrie if you would like to join us this school year (debbiefodrie@ christchurchnewbern.com).

Music Notes

We have a wonderful musical season ahead of us with our new Opus 85 Taylor & Boody organ! Our Dedication Events are scheduled for September 19th and 20th, with a Dedicatory Eucharist service on Thursday the 19th at 7pm, and the Dedication Concert with concert organist Nathaniel Gumbs on Friday the 20th at 7pm. I highly recommend showing up early to both events in order to secure a seat!

Following the Dedication Events, which will kick-off our music season, there will be plenty of other opportunities to experience listening to the new instrument outside of Sunday morning worship. For the October Artwalk, I am scheduling a live-improvised Silent Movie Night with the organ and the German Expressionist film, The Cabinet of Dr. Caligari (one of my favorite spookie silent movies!). Last year, I gave a performance on a Skinner organ in Connecticut with this film, and the audience just loved it! I'm sure the community of New Bern would also enjoy this experience and hearing the new organ, so stay tuned for more info! In December, we'll hold our annual Christmas Carol Sing-along event for Artwalk, but of course this time featuring Opus 85.

There are many more musical events coming up, including an All Saints Requiem Concert on Friday, November 1st, Lessons & Carols on Wednesday, December 18th, and a Spring Organ Concert Series. Look out for details in The Crown, Messenger, and Social Media, and please share with your friends! You can also sign up to be on Christ Church's Music Events email list by notifying me here: jacquelinenappi@christchurchnewbern.com. I so look forward to celebrating the new instrument with you all this Fall and to continuing in the tradition of providing superb music for the Glory of God in our Christ Church and our New Bern community.

-- Jacqueline Nappi, Director of Music



Where Can You Plug In?

• Worship: Click <u>here</u> to serve in our September services. For more information contact Sarah Risty Davis at <u>sarahristy-davis@christchurchnewbern.com</u>.

• Volunteer Receptionists: Click <u>here</u> for September shifts at the Reception Desk.

• **Coffee Hour**: We invite you to host our weekly 9:45 am Coffee Hour. For more information and to volunteer to host or provide snacks, click <u>here</u>.

The Pumpkins Are Coming

The pumpkins are coming. Delivery is scheduled for Saturday, September 28 at 9 am. Come help us unload our full truckload of over 2,000 pumpkins and goards. Bring your wheelbarrow, gloves, and water.

To get the churchyard ready for the arrival of the pumpkins, we will have a fall clean-up day on Saturday, September 21 at 10 am. We hope you will be able to join us.

A Sign-Up Genius will soon be available for working the pumpkin patch. Anyone who is interested in volunteering is invited to attend a meeting at 9:45 am, Sunday, September 15. We're looking forward to a very "pumpkin" fall.

KIDS MUSIC HAPPENINGS

NEW Choristers Program: Kids ages 7-10 are invited to join our new Choristers Program beginning Tuesday, September 24th! We will prepare music to sing at Lessons & Carols on Wednesday, December 18th. Rehearsals are Tuesdays from 4:00-4:30 in the Music Room (across Pollock Street from Church). Please email Jackie (jacquelinenappi@christchurchnewbern. com) for more information.

Music for Kids has now become Ukulele Club: Due to the high demand of ukulele playing in class, we have decided to rename this music program to Ukulele Club. As the name suggests, kids will focus solely on playing the ukulele. This class is geared towards late-elementary and middle school aged kids, all levels welcome. Rehearsals are Wednesdays 4:30-5:15 pm starting September 25, in the Music Room.

Cherub Choir will continue on Sundays from 9:45-10:00 am starting this Sunday September 8th. Kids will sing at church one Sunday in October and one in December.

Hand Bell Position Open

A position in the Hand Bell Choir is open! This is a fun group of folks who create musici ringing bells, playing with mallets, and other assorted implements, which make lovely sounds.

Interested? Contact Jean Reichenbach at <u>jbrjcr@suddenlink.</u> <u>net</u> or 252-259-7628.